



## SANDWICHES

Served with filtered coffee and fruits

**Choice of bagel:** sesame, poppy, plain, whole wheat, organic multigrain, flax, cinnamon and raisin, rosemary and sea salt, all dressed

**À La Coque** ..... 9.50

Cold hard-boiled egg, lettuce, tomato, pesto or mayo

**À La Coque Deluxe** ..... 10.50

Omelette, grilled ham, lettuce, tomato with pesto or mayo

**The Traditional** ..... 12.50

Smoked salmon, cream cheese, tomato, onions, capers and lemon

**B.L.T.** ..... 9.50

Bacon, lettuce, tomato with pesto or mayo

## THE CLASSIC

Served with filtered coffee

**Smoked salmon and cream cheese** ..... 9.50

## JUICES AND SMOOTHIES

**Freshly squeezed orange juice** ..... 5.50

**Tropicana orange juice** ..... 3.75

**Pure apple juice** ..... 3.50

**Mixed berry smoothie** ..... 6.50

**Strawberry and banana smoothie** ..... 6.50

**Strawberry and mango smoothie** ..... 6.50

## BAGELS AND SPREADS

Choice of 1 bagel with spread, served with filtered coffee

**Choice of bagel:** sesame, poppy, plain, whole wheat, organic multigrain, flax, cinnamon and raisin, rosemary and sea salt, all dressed

**Peanut butter or jam** ..... 5.00

**Swiss, provolone or cheddar cheese** ..... 6.00

**Cretons** ..... 6.50

**Tuna spread** ..... 6.50

**Salmon spread** ..... 7.50

**Nutella** ..... 6.50

### SPECIALTY CREAM CHEESE

**Plain** ..... 6.00

**Strawberry** ..... 6.50

**Pineapple** ..... 6.50

**Apple cinnamon** ..... 6.50

**Salmon** ..... 6.50

**Roasted garlic and fine herbs** ..... 6.50

**Pesto** ..... 6.50

**Sun-dried tomato** ..... 6.50

## COFFEES

SUBSTITUTE your filtered coffee for an additional fee

**Espresso allongé** ..... 1.75

**Café au lait (Cup)** ..... 2.75

**Café au lait (Bowl)** ..... 3.75

 We use and serve purified water in this establishment.

SERVING BREAKFAST Monday to Sunday 6:00 a.m. to 10:00 a.m.

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