

BAGEL SANDWICHES

your choice of bagel flavors

Sesame, Poppy, Plain, All Dressed, Cinnamon & Raisin, Rosemary & Sea Salt, Whole Wheat, Blueberry, Apple Maple



Side salad Green salad or salad of the day

Soup of the day +4



Traditional

Smoked salmon, cream cheese, tomato, onion, capers, lemon

\$12

Breakfast Sandwich

Omelette, grilled ham (or bacon),

lettuce, tomato, with pesto or mayo

\$11



Smoked Meat Bagel

Old-fashioned smoked meat, topped with yellow mustard

\$12



Le Steak

Roast beef (medium done), Swiss cheese, caramelized onion, lettuce, tomato, olive oil, oregano, Dijon mustard

\$12



Iaws

Tuna salad. Swiss cheese. sun-dried tomatoes, onion, lettuce

\$12



Bacon, lettuce, tomato, with pesto or mayo

\$9

BLT



Spicy marinated eggplant, lettuce, goat cheese, sun-dried tomato, pesto

\$12

wow!



\$13



Le Plateau

Ham. Swiss cheese, lettuce. tomato, with pesto or mayo



Club Bagel

Smoked turkey, bacon, lettuce, tomato, with pesto or mayo

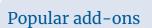
\$11



Le "Joe Bagel"

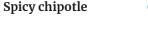
Ricotta topped with fig jam and balsamic glaze

\$10



+3 Cheese choice of cheddar or Swiss Caramelized onion +3

+3 Bacon



Sun-dried tomato

Spreads

Vegan

Pesto

SPREADS

Regular or light

Garlic and herbs

Cream cheese spreads

Butter	3.5	Nutella	6.5
Peanut butter	3.5	Tuna spread	6.5
Jam	3.5	Salmon spread	6.5

4.5

Chives

GRILLED CHEESE

Served on a toasted bagel Swiss or cheddar cheese

Your choice of salad dressing

House or Caesar dressing Add a bagel + 1.5

4.75

House

SALADS

Lettuce, tomato, cucumber, onions \$16 Your choice of grilled chicken or tuna salad

Chicken Caesar

Lettuce, parmesan, bagel croutons, bacon, \$16 grilled chicken breast

PRICES DO NOT INCLUDE TAXES

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