



**MONTRÉAL**  
Depuis 1957

## THE ESSENTIALS

The following are all served with your choice of bagel,  
our special home style potatoes & fresh fruit

**Bagel Choices:** Sesame, poppy, plain, whole wheat, flax,  
cinnamon and raisin, all dressed

### EGGS

**Extras** (with purchase of any eggs):

**Baked Beans** ... 2.00    **Cretons** ... 2.00

**One Egg** ..... 7.50

**Two Eggs** ..... 8.50

**One Egg** ..... 8.50

With smoked ham, bacon or sausage

**Two Eggs** ..... 9.50

With smoked ham, bacon or sausage

**The Kit** ..... 13.00

3 eggs with smoked ham, sausage, bacon,  
baked beans & cretons

### OMELETTES

All our omelettes are made with 3 fresh extra-large eggs,  
served with your choice of bagel,  
our special home style potatoes & fresh fruit

**Egg White Omelette** +2.00

**Omelette of the week** ..... Please ask for a description

**The Avenue** ..... 13.00

Mushrooms & Swiss cheese

**Western** ..... 14.00

Mushrooms, green and red peppers, onion, cheddar cheese,  
tomato & ham

**Florentine** ..... 14.00

Fresh spinach & a blend of three cheeses (cheddar, provolone, Swiss)

**Pavarotti** ..... 14.00

Italian sausage, bocconcini cheese, tomato & pesto

**Mykonos** ..... 14.00

Feta cheese, onion, tomato, black olives, oregano,  
olive oil & fresh cucumber on the side

## COFFEES

	Regular	Bowl
Filtered coffee .....	2.00	
Espresso / Allongé .....	3.00	
Cappuccino .....	4.00	6.00
Café au lait .....	4.00	6.00

## HOUSE SPECIALTIES

All our specialties are served with your choice of bagel,  
our special home style potatoes & fresh fruit

**Bagel Choices:** Sesame, poppy, plain, whole wheat, flax,  
cinnamon and raisin, all dressed

**Smile** ..... 13.00

Your choice of bagel sliced in two, with a whole egg in each hole,  
served with sausage, bacon or ham, baked beans & cretons

**With cheddar melted on top** +2.00

**Sloppy Johnny** ..... 12.00

Home style potatoes, sliced Italian sausage, provolone cheese,  
with an egg cracked in

**Bagel Matin** ..... 11.00

Bagel sandwich with 1 egg (over hard), bacon, cheddar cheese,  
lettuce & tomato

## OTHERS

	Small	Large
<b>Fruit salad</b> .....	4.00	5.75

<b>Fruit salad</b> .....	5.50	7.25
With yogourt		

<b>Fruit salad</b> .....	5.75	7.50
With yogourt and granola		

<b>Cereal</b> .....		4.50
With milk or chocolate milk		

<b>Freshly squeezed orange juice</b> .....	5.00	7.00
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## EXTRAS

**Extra Bagel** (with purchase of any breakfast) +1.00

**Bagel Choices:** Sesame, poppy, plain, whole wheat, flax,  
cinnamon and raisin, all dressed

Smoked ham .....	3.00	Home style potatoes .....	4.00
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Bacon .....	3.00	Baked beans .....	2.00
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Sausage .....	3.00	Cretons .....	2.00
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Italian sausage .....	4.00		
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★ SERVING BREAKFAST DAILY ★

Monday to Friday 6:30am to 2:00pm

Saturday & Sunday 6:30am to 4:00pm

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