



BAGEL SANDWICHES

All sandwiches are accompanied with one choice of salad or soup

Bagel Choices: Sesame, poppy, plain, whole wheat, flax, cinnamon and raisin, all dressed

Salad Choices: Salad of the day, green, artichoke, chopped egg, crab, tuna, Caesar

Extras (with purchase of any bagel sandwich):

Bagel ... 1.50 **Cheese** ... 2.00 **Avocado 1/2** ... 2.00

Traditional 14.00
Smoked salmon, cream cheese, tomato, onion, capers, lemon

Le Plateau 12.00
Ham, Swiss cheese, tomato, lettuce, with pesto or mayo

À La Coque 11.00
Chopped egg salad, tomato, lettuce, with pesto or mayo

Smoked Meat Bagel 14.00
Old fashion smoked meat, mustard

Chef Harold's Sandwich 14.00
Chef Harold's smoked chicken, tomato, lettuce, provolone cheese, spicy vegetable chutney

Végé Deluxe 13.00
Fresh asparagus, hearts of palm, broccoli, tomato, lettuce, provolone cheese, with pesto or mayo

Club Bagel 14.00
Smoked turkey, prosciutto, tomato, lettuce, with pesto or mayo

WOW! 14.00
Spicy marinated eggplant, sun-dried tomato, goat cheese, lettuce, with pesto

Milano 14.00
Italian sausage, marinated red peppers, provolone cheese, tomato, lettuce, with pesto

Poulet St-Viateur 14.00
Lemon & fine herbs marinated chicken breast, tomato, lettuce, cheddar cheese, with pesto or mayo

Moo Moo 14.00
Roast beef (medium done), Swiss cheese, tomato, lettuce, olive oil, oregano, Dijon mustard

Jaws 14.00
Tuna salad, sun-dried tomato, lettuce, onion, Swiss cheese

B.L.T. 12.00
Bacon, lettuce, tomato, with pesto or mayo

SALADS

All our salads are accompanied by bagel chips and are served on a green salad

Bagel Choices: Sesame, poppy, plain, whole wheat, flax, cinnamon and raisin, all dressed

Extras (with purchase of any salad):

Bagel ... 1.50

	Regular	Large
Salad of the day	9.00	12.00

Green Salad	9.00	12.00
Romaine lettuce, cucumber, tomato		

Chopped egg salad	9.00	12.00
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Artichoke salad	10.00	14.00
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Crab Salad	10.00	14.00
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Tuna Salad	10.00	14.00
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HOUSE SPECIALITY SALADS

Served with bagel chips

Caesar Salad	13.00
Crisp romaine lettuce, topped off with fresh parmesan cheese & homemade bagel croutons	

Add grilled chicken +5.00 **Add chef Harold's smoked chicken** +4.00

Fantasy Salad	16.00
Crisp romaine lettuce, choice of crab or tuna salad, asparagus, hearts of palm, black olives, capers, cucumber & tomato	

Greek Salad	15.00
Tomato, cucumber, onion, feta cheese, mint, yellow peppers, olives, oregano served on a bed of romaine lettuce & extra virgin olive oil	

Add grilled chicken +5.00 **Add chef Harold's smoked chicken** +4.00

Delox Salad	16.00
Crisp romaine lettuce with a healthy portion of smoked salmon (70g), goat cheese, capers, onions, cucumber & tomato	

El Paso Salad	17.00
Grilled chicken, fresh corn, black beans, cheddar cheese, avocado, tomato and romaine lettuce served with house dressing & a wedge of lime	



THE BAGEL PALETTE

MEDITERRANEAN ... 11.00

Bagel with hummus, tzatziki, spicy marinated eggplant and garlic & herb cream cheese

CREAM CHEESE SAMPLER ... 11.00

Bagel with plain, pesto, sun-dried tomato & feta-spinach cream cheeses

ST-VIATEUR SPECIAL ... 11.00

Bagel with smoked salmon spread, tuna spread, plain cream cheese & avocado

SOUP OF THE DAY

Small 4.00 **Medium** 5.00

★ Some sandwiches can be served pressed (hot). Just ask! ★

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SPREADS ON A BAGEL

Served platter-style with 5 bagel quarters & fruit

Butter	3.00	Extra bagel	1.00
Peanut butter	3.00	With purchase of any spread	
Jam	3.00		
Cretons	5.00	-- SPECIALTY CREAM CHEESE --	
Végé pâté	5.00	Regular	3.75
Hummus	5.00	Light	3.75
Tzatziki	5.00	Strawberry or Pineapple	5.00
Tuna spread	6.00	Pesto	5.00
Salmon spread	6.00	Sun-dried tomato	5.00
Hummus, red peppers & black olives	5.00	Feta & Spinach	5.00
		Garlic & herbs	5.00

EXTRAS

Bagel	3.00
Not accompanying a meal	
Bagel Choices: Sesame, poppy, plain, whole wheat, flax, cinnamon and raisin, all dressed	

SCOOPS

Crab salad	6.50
Tuna salad	6.50
Chopped egg salad	5.50

DESSERTS

Ask your server for our latest treats!

Ice cream (chocolate or vanilla)	4.00
Granita	4.00
“Heavenly Taste” Biscotti	3.50
Brownie	2.00

CAKES

Slice of cake	6.00
Add a scoop of ice cream	+2.00

COFFEES

HOUSE BLEND COFFEES

Filtered coffee	2.25
Filter coffee decaffeinated	2.25

SPECIALTY COFFEES

	Regular	Bowl
Espresso / Allongé	3.00	
Cappuccino	4.00	6.00
Café au lait	4.00	6.00
Chai latté	4.00	6.00
Viennois	4.50	6.50
Café au lait topped with whipped cream & chocolate flakes		
Moccaccino	4.50	6.50
Chocolate café au lait topped with whipped cream & chocolate flakes		

COLD COFFEES

	Regular	Bowl
Frappa Classico	4.75	5.75
Cold sweetened espresso & milk		
Frappaccino	5.00	6.00
Cold sweetened espresso & milk topped with whipped cream & chocolate flakes		
Mokafrapa	5.00	6.00
Cold sweetened espresso & chocolate milk topped with whipped cream & chocolate flakes		

TEAS

Please ask to see our selection

Regular	2.25
Herbal tea	2.25

ICED TEAS

	Regular	Large
Homemade iced tea	3.50	5.00
Homemade iced tea deluxe	5.00	6.00
Served with a scoop of lemon granita		
Cold chai latte	5.00	6.00

HOT CHOCOLATE

Served with whipped cream and chocolate flakes

	Regular	Bowl
Hot chocolate	3.00	4.50
Served with whipped cream & chocolate flakes		
Hot chocolate and Bailey's	7.50	
Served with whipped cream & chocolate flakes		

MILKSHAKES

Extra banana +1.00

Vanilla	6.00
Chocolate	6.00

SMOOTHIES

Homemade with fruits - No sugar added

Add a scoop of ice cream +2.00

	Regular	Large
St-Viateur Sublime	6.00	8.00
Banana, strawberry, mango & apple juice		
Very Berry	6.00	8.00
Blueberry, strawberry, raspberry, blackberry & orange juice		
Ooh La La	6.00	8.00
Banana, mango, pineapple, yogurt & honey		
With Vodka or Rhum	9.50	11.50

COLD BEVERAGES

Sodas Coke, 7-up, Ginger Ale, Club Soda	2.25	
Snapple	3.00	
Bottled water (500ml)	2.00	
Perrier	3.00	
Stewart's	3.00	
Tomato juice	3.00	
V8	3.00	
	Regular	Large
Orange juice	3.00	5.00
Freshly squeezed orange juice	5.00	7.00
Pure apple juice	3.00	5.00
Milk	2.50	4.00
Chocolate milk 1%	3.00	4.50

TAKE-OUT COUNTER

You can purchase our famous hand-rolled bagels, baked here in our wood-burning oven.
Please visit our bakery at the back corner of the restaurant.

🍴 CATERING SERVICES AVAILABLE 🍴

💧 We use and serve purified water in this establishment.

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