



BAGEL SANDWICHES

All sandwiches are accompanied with one choice of salad or soup (seasonal)

Bagel Choices: Sesame, poppy, plain, whole wheat, multigrain, flax, cinnamon and raisin, rosemary and sea salt, all dressed

Sandwich without soup or salad, subtract 3.00

Salad Choices: Green, three bean, pasta, artichoke, crab, tuna, salad of the day

Extras (with purchase of any bagel sandwich):

Bagel ... 1.50 **Cheese** ... 2.50 **Guacamole on the side** ... 3.50

Traditional 13.00
Smoked salmon, cream cheese, tomato, onion, capers, lemon

Smoked Meat Bagel 13.00
Old-fashioned smoked meat, mustard

B.L.T. 11.00
Bacon, lettuce, tomato, with pesto or mayo

Breakfast Sandwich 10.00
Hard-boiled egg, lettuce, tomato, with pesto or mayo

Breakfast Sandwich Deluxe 11.00
Omelette, grilled ham (or bacon), lettuce, tomato, with pesto or mayo

Club Bagel 13.00
Smoked turkey, bacon, lettuce, tomato, with pesto or mayo

Veggie Deluxe 12.00
Provolone cheese, fresh asparagus, hearts of palm, broccoli, lettuce, tomato, with pesto or mayo

Omertà 11.00
Italian salami, mortadella, capicollo, tomato, provolone cheese, lettuce, with pesto or mayo

Le Plateau 11.00
Ham, Swiss cheese, lettuce, tomato, with pesto or mayo

WOW! 13.00
Spicy marinated eggplant, lettuce, goat cheese, sun-dried tomato, pesto

Poulet St-Viateur 14.00
Lemon and fine herbs marinated chicken breast, Swiss cheese, lettuce, tomato, with pesto or mayo

Moo Moo 13.00
Roast beef (medium done), Swiss cheese, lettuce, tomato, olive oil, oregano, Dijon mustard

Jaws 13.00
Tuna salad, Swiss cheese, sun-dried tomato, onion, lettuce

À la Grecque 12.00
Feta cheese, onion, tomato, lettuce, sprinkled with oregano and extra virgin olive oil

SALADS

All our salads are accompanied by bagel chips and are served on a leaf of lettuce

Bagel Choices: Sesame, poppy, plain, whole wheat, multigrain, flax, cinnamon and raisin, rosemary and sea salt, all dressed

Extras (with purchase of any salad):

Bagel ... 1.50 **Grilled chicken** ... 6.50

	Regular	Large
Green Salad	8.50	12.00
Romaine lettuce, olives, onion, cucumber, tomato		
Three bean salad	8.50	12.00
Pasta salad	8.50	12.00
Artichoke salad	9.50	13.00
Crab Salad	9.50	13.00
Tuna Salad	9.50	13.00

HOUSE SPECIALTY SALADS

Served with bagel chips

Chef Salad	14.00
Crisp romaine lettuce, diced ham, diced cheddar cheese, hard-boiled egg, cucumber, tomato	
Fantasy Salad	15.00
Crisp romaine lettuce, crab or tuna salad, asparagus, hearts of palm, black olives, capers, cucumber, tomato	
Chicken St-Viateur Salad	17.00
Crisp romaine lettuce, chicken breast, Swiss cheese, mini corn, cucumber, tomato	
Caesar Salad	12.00
Crisp romaine lettuce, bacon, topped off with fresh parmesan cheese & homemade bagel croutons	
Deluxe Salad	16.00
Crisp romaine lettuce with smoked salmon, goat cheese, capers, onion, cucumber, tomato	

SOUP OF THE DAY

Small 4.50 **Medium** 5.50 **Large** 7.50

SPREADS ON A BAGEL

Butter	3.50	Extra bagel	1.50
Peanut butter	3.50	Extra spread	3.00
Jam	3.50		
Cretons	6.50	-- SPECIALTY CREAM CHEESE --	
Végé pâté	6.50	Regular	4.25
Hummus	5.50	Light	4.25
Tzatziki	5.50	Strawberry or pineapple ...	5.50
Tuna spread	6.50	Pesto	5.50
Salmon spread	6.50	Sun-dried tomato	5.50
Guacamole	6.50	Garlic and herbs	5.50
Nutella	5.50	Chives	5.50
Hummus, red peppers and black olives	5.25	Apple cinnamon	5.50
		Chocolate	5.50

EXTRAS

With purchase of any meal

Bagel	1.50	Ham	3.50
Swiss cheese	2.50	Bacon	3.50
Cheddar cheese	2.50	Salami	3.50
Provolone cheese	2.50	Smoked turkey	4.50
Feta cheese	4.00	Smoked meat	6.50
Goat cheese	4.00	Smoked salmon	6.50
Omelette	5.00	Roast beef	6.50
Cold hard-boiled egg	2.50	Grilled chicken	6.50

Tomato	1.00
Black olives	2.00
Asparagus	3.00
Broccoli	3.00
Hearts of palm	3.00
Sun-dried tomato	3.00
Marinated eggplant	3.00

SCOOPS

Green salad	5.25
Three Bean salad	5.25
Pasta salad	5.25
Artichoke salad	6.25
Crab salad	6.25
Tuna salad	6.25

★ Some sandwiches can be served pressed (hot). Just ask!

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We do not accept credit cards
Cash and Interac only



DESSERTS

Heavenly Biscotti	3.50
Fruit salad	Regular 4.25 Large 7.50

CAKES

All our cakes are served with whipped cream and coulis
Have a look at our display to see our cake selection!

Slice of cake	7.50
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COFFEES

HOUSE BLEND COFFEES

Filtered coffee	2.25
Filtered coffee, decaffeinated	2.25
Iced coffee	Reg 2.75 Large 5.00
House blend filtered coffee over ice served with milk	

SPECIALTY COFFEES

	Regular	Bowl
Espresso / Allongé	3.00	
Cappuccino	4.00	6.25
Café au lait	4.00	6.25
Extra double	1.00	
Chai latte	6.25	7.75
Viennois	4.50	6.50
Café au lait topped with whipped cream & chocolate flakes		
Moccaccino	4.50	6.50
Chocolate café au lait topped with whipped cream & chocolate flakes		
White Moccaccino	5.00	7.50
White chocolate café au lait topped with whipped cream & chocolate flakes		
Frappaccino	5.25	6.25
Cold espresso and milk topped with whipped cream & chocolate flakes		
Mokafrapa	5.25	6.25
Cold espresso and chocolate milk topped with whipped cream & chocolate flakes		

EXOTIC COFFEES

Authentic coffee of origin served in a French press

Columbian supreme	5.00
Kenya – AA	6.00
Indonesia Sumatra	6.00

FLAVOURED COFFEES

Served as latté with whipped cream

	Regular	Bowl
Hazelnut cream	4.75	6.75
Irish cream	4.75	6.75
Raspberry and chocolate	4.75	6.75
French vanilla	4.75	6.75
Caramel praline	4.75	6.75
Cherry	4.75	6.75

SPIKED COFFEES

Served with whipped cream

Brazilian Tia Maria, Cognac, Grand Marnier	8.50
Irish Whiskey	8.50
Spanish Cognac, Tia Maria	8.50
B-52 Grand Marnier, Tia Maria, Bailey's	8.50
Cognac	8.50
Bailey's	8.50

HOT CHOCOLATE

Served with whipped cream and chocolate flakes

	Regular	Bowl
Hot chocolate	3.50	6.25
White hot chocolate	4.25	7.00
Hot chocolate and Bailey's	8.50	

TEAS

Please ask to see our selection

Regular / Herbal tea bags	2.50
Leaf Tea (Highest quality)	4.25
Choice of: English Breakfast, Darjeeling Premium, Camomille, Earl Grey, Green tea with jasmin flowers	

ICED TEAS

	Regular	Large
Homemade iced tea	4.00	6.00
Iced green tea	4.50	6.50
Cold chai latte	6.50	8.00

COLD BEVERAGES

Sodas Coke, 7-up, Ginger Ale, Club Soda	2.50	
Snapple drinks	3.25	
Stewart's	3.25	
Cranberry juice	3.25	
V8	3.25	
Bottled water (500mL)	2.00	
	Regular	Large
San Pellegrino mineral water	3.25	6.50
Tropicana orange juice	3.75	6.50
Freshly squeezed orange juice	5.50	8.50
Pure apple juice	3.50	6.25
Milk / 1% / soy	2.50	6.25
Chocolate milk 1%	2.75	6.25

SMOOTHIES

Homemade with fruits - No sugar added

	Regular	Large
St-Viateur Sublime	6.50	9.75
Banana, strawberry & apple juice		
Very Berry	6.50	9.75
Blueberry, strawberry, raspberry, blackberry, cranberry & apple juice		
Ooh La La	6.50	9.75
Strawberry, mango & apple juice		

ALCOHOL

WINES

	Glass	1/2 Bottle	Bottle
House wine (Red / White)	7.00		38.00
Beaujolais	8.00		39.00
Mouton-Cadet (Red / White)	9.00	25.00	43.00
Port	6.50		
	Glass	1/2 Pitcher	Pitcher
Sangria (Red / White)	8.00	16.00	23.00

BEERS

St-Ambroise	6.00
Griffon (Blonde / Rousse)	6.00
Corona / Heineken / Belle Gueule	6.50

APERITIFS

Bloody Caesar	9.00
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DIGESTIFS

Cognac	9.00
Grappa	9.00

LIQUEURS

Tia Maria / Sambucca / Scotch / Whiskey / Bailey's Vodka / Tequila / Rhum / Gin	9.00
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 We use and serve purified water in this establishment.

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