

# TAKEOUT MENU

## Step 1: Choose your bagel flavor



Sesame



Poppy



Rosemary &  
Sea Salt



Whole Wheat



Pumpernickel



Multigrain



Plain



Cinnamon &  
Raisin



All Dressed /  
Everything

## Step 2: Choose a sandwich or spread

### Sandwiches

**Traditional** ..... 11.00  
 Smoked salmon, cream cheese, tomato, onion, capers, lemon

**Smoked Meat Bagel** ..... 11.00  
 Old-fashioned smoked meat, mustard

**Breakfast Sandwich** ..... 7.00  
 Hard-boiled egg, lettuce, tomato, with pesto or mayo

**Breakfast Sandwich Deluxe** ..... 9.00  
 Omelette, grilled ham (or bacon), lettuce, tomato, with pesto or mayo

**Club Bagel** ..... 11.00  
 Smoked turkey, bacon, lettuce, tomato, with pesto or mayo

**Le Plateau** ..... 9.00  
 Ham, Swiss cheese, lettuce, tomato, with pesto or mayo

**WOW!** ..... 11.00  
 Spicy marinated eggplant, lettuce, goat cheese, sun-dried tomato, pesto

**Poulet St-Viateur** ..... 12.00  
 Lemon and fine herbs marinated chicken breast, Swiss cheese, lettuce, tomato, with pesto or mayo

**Moo Moo** ..... 11.00  
 Roast beef (medium done), Swiss cheese, lettuce, tomato, olive oil, oregano, Dijon mustard

**B.L.T.** ..... 8.00  
 Bacon, lettuce, tomato, with pesto or mayo

### Spreads

<b>Butter</b> .....	3.50	----- CREAM CHEESE -----	
<b>Peanut butter</b> .....	3.50	<b>Regular</b> .....	4,50
<b>Jam</b> .....	3.50	<b>Light</b> .....	4,50
<b>Cretons</b> .....	6.50	<b>Strawberry</b> .....	6,00
<b>Végé pâté</b> .....	6.50	<b>Pesto</b> .....	6,00
<b>Hummus</b> .....	6.50	<b>Sun-dried tomato</b>	6,00
<b>Tuna spread</b> .....	6.50	<b>Spicy chipotle</b> .....	6,00
<b>Salmon spread</b> .....	6.50	<b>Chives</b> .....	6,00
<b>Guacamole</b> .....	6.50	<b>Apple cinnamon</b> ..	6,00
<b>Nutella</b> .....	6.50	<b>Garlic and herbs</b> ..	6,00



# TAKEOUT MENU

## Teas

Regular / Herbal tea bags ..... 2.50

----- ICED TEAS -----

Homemade iced tea ..... 4.00

Iced green tea ..... 4.50

Cold chai latte ..... 7.00



## Smoothies

Homemade with fruits - No sugar added

**St-Viateur Sublime** ..... 7.00  
 Banana, strawberry & apple juice

**Very Berry** ..... 7.00  
 Blueberry, strawberry, raspberry, blackberry, cranberry & apple juice

**Ooh La La** ..... 7.00  
 Strawberry, mango & apple juice

## Hot Chocolate

Served with whipped cream and chocolate flakes

Hot chocolate ..... 3.50

White hot chocolate ..... 4.25

Hot chocolate and Bailey's ..... 9.00

## Desserts

Heavenly Biscotti ..... 3.50

Fruit salad ..... 4.25

## Coffees

----- HOUSE BLEND COFFEES -----

Filtered coffee ..... 2.25

Filtered coffee, decaffeinated ..... 2.25

**Iced coffee** ..... 3.75  
 House blend filtered coffee over ice served with milk

----- SPECIALTY COFFEES -----

Espresso / Allongé ..... 3.00

Americano ..... 3.00

Cappuccino ..... 4.00

Café au lait ..... 4.00

Extra double ..... 1.00

Chai latte ..... 6.25

**Viennois** ..... 4.50  
 Café au lait topped with whipped cream & chocolate flakes

**Moccaccino** ..... 4.50  
 Chocolate café au lait topped with whipped cream & chocolate flakes

**White Moccaccino** ..... 5.00  
 White chocolate café au lait topped with whipped cream & chocolate flakes

**Frappaccino** ..... 5.25  
 Cold espresso and milk topped with whipped cream & chocolate flakes

**Mokafrappa** ..... 5.25  
 Cold espresso and chocolate milk topped with whipped cream & chocolate flakes

